

5th-8th Grade Boys/Girls Shooting & Scoring Workout

Location: Avera Sports Center (85th & Minnesota)

Cost: \$125 Please pay online at time of registration.

Athletes will receive Warwick Workout T-shirt & Custom Elite Hype Socks

Shooting & Scoring Workouts will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in multiple shooting and finishing drills. These workouts will assist athletes to become a more effective shooter and scorer.

Wednesday, January 11th	6:15-7:30 pm
Wednesday, January 18th	6:15-7:30 pm
Wednesday, January 25th	6:15-7:30 pm
Wednesday, February 1st	6:15-7:30 pm
Wednesday, February 8th	6:15-7:30 pm
Wednesday, February 15 th	6:15-7:30 pm

Register online at <u>www.warwickworkouts.com</u> Find your session under the register HERE tab

Contact Kris Warwick or Cody Schilling with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or Cody Schilling (712) 461-2316

WHERE CHAMPIONS TRAIN.